

CONFESSIONS FOR THE MOUTH

1. The Lord sets a watch before my mouth. He keeps the door of my lips (*Psalms 141:3*).
2. My tongue keeps me from trouble (*Proverbs 21:23*).
3. I am wise because I refrain my lips (*Proverbs 10:19*).
4. As I keep my mouth, I keep my life (*Proverbs 13:3*).
5. I keep my tongue from evil and my lips from speaking guile (*Psalms 34:13*).
6. Death and life are in the power of my tongue, therefore I speak life (*Proverbs 18:21*).
7. I am a king, and my words have power in the spirit (*Ecclesiastes 8:4*).
8. I speak of excellent things. The opening of my lips shall be right things (*Proverbs 8:6*).
9. My mouth shall only speak truth. Wickedness is an abomination unto my lips (*Proverbs 8:7*).
10. All the words of my mouth are in righteousness. There will be nothing perverse in them (*Proverbs 8:8*).
11. My mouth is a well of life and not death (*Proverbs 10:11*).
12. My tongue shall give health to my bones (*Proverbs 3:8*).
13. I put off anger, evil speaking, and bitterness (*Ephesians 4:22, 31*).
14. My mouth will not utter evil communication and profanity (*Ephesians 4:29*).
15. I speak words of life and grace, in Jesus' name (*Colossians 4:6*).