

## FREEDOM FROM LONELINESS

**Key Scripture:** *"Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee" (Heb. 13:5).*

**Prayer:** Lord, thank you for your promise that you will be with me forever.<sup>1</sup> You did not leave me comfortless, but have sent your Spirit to be with me. Lord Jesus, you prayed to the Father, and He gave me your Spirit to be with me always. He is the Spirit of truth whom the world cannot receive, because the world does not see Him or know Him.<sup>2</sup> Thank you for sending Him and permitting me to know Him. He dwells within me, praise God!

Lord Jesus, when you were left alone in the Garden, you turned to your Father.<sup>3</sup> When you felt so alone on the cross, you turned to your Father.<sup>4</sup> Teach me to pray when I feel alone. Teach me to remember that you are always there.

You are my High Priest, and you do understand. Because of these realities, I hold fast to my profession in spite of loneliness, realizing, Lord, that you are touched with the feeling alone just as I have been, but you turned to the throne of grace. Help me to remember that I will find mercy, comfort and grace there also, to help in my time of need.<sup>5</sup>

Everyone forsook you and fled, Lord Jesus, but you did not despair.<sup>6</sup> I know you understand how I feel. It is so wonderful to be able to walk with you. Let all loneliness that the enemy brings be gone from me, Lord. Tear down any thought strongholds of loneliness as I pray now.

My fellowship is with you, Father, and with your Son, Jesus Christ. Help me always to remember this truth so that my joy may be full.<sup>7</sup> May I never forsake the assembling I need with other believers as a member of your household.<sup>8</sup> Help me always to reach out to other people because I know the way to have friends is to be friendly,<sup>9</sup> and help me remember that, when I have fellowship with you, I will have a natural fellowship with other believers.<sup>7</sup> The Body of Christ is my spiritual family.

How I praise you and thank you, Father, that you are lifting loneliness from me. Its clouds have been dissipated by the sunshine of your love. I will never allow loneliness to darken my path again.

**References:** (1)Hebrews 13:5 (2)John 14:16-18 (3)Luke 22:41,42 (4)Luke 23:34,46 (5)Hebrews 4:14-16 (6)Mark 14:50 (7)1 John 1:3,4 (8)Hebrews 10:25 (9)Proverbs 18:24 **Other Scriptures:** Mark 15:34

*Prayers that Prevail, Victory House, Tulsa, Oklahoma*