

OVERCOMING A FEELING OF REJECTION

Lord, You Son, Jesus, is my High Priest. He understands and sympathizes with my weaknesses and this excruciating pain of rejection. In His name I approach Your throne of grace with confidence, so that I may receive mercy and find grace to help me in my time of need. I ask You to forgive my sins, and I receive Your mercy; I expect Your healing grace to dispel the rejection I am suffering because of the false accusations and demeaning actions of another.

Father, Jesus was despised and rejected – a man of sorrows, acquainted with bitterest grief. The grief of _____ turning against me and treating me as an outcast is consuming me, just as my rejection consumed Your Son, Who freely gave His life for me.

Forgive me for turning my back on Jesus and looking the other way – He was despised, and I didn't care. Yet it was my grief He bore, my sorrows that weighed Him down. He was wounded and bruised for my sins. He was beaten that I might have peace; He was lashed, and with His stripes I was healed.

In the face of rejection I will declare, **The Lord is my Light and my Salvation – whom shall I fear or dread? The Lord is the Refuge and Stronghold of my life – of whom shall I be afraid?** (Psalm 27:1 Amp.)

I know right from wrong and cherish Your laws in my heart: I won't be afraid of people's scorn or their slanderous talk. Slanderous talk is temporal and fades away. Your Word will never pass away.

Father, I choose to look at the things that are eternal: Your justice and mercy shall last forever, and Your salvation from generation to generation. Your eyes are upon me, for I have right standing with You, and Your ears are attentive to my prayer. You spoke to me and asked, "Now who is going to hurt you if you are a zealous follower of that which is good?"

In my heart I set Christ apart as holy [and acknowledge Him] as Lord. I am always ready to give a logical defense to anyone who asks me to account for the hope that is in me, but I do it courteously and respectfully. I purpose [to see to it that] my conscience is entirely clear (unimpaired), so that, when I am falsely accused as an evildoer, those who threatened me abusively and revile my right behavior in Christ may come to be ashamed [of slandering my good life].

There is wonderful joy ahead, even though the going is rough for a while down here. These trials are only to test my faith, to see whether it is strong and pure. It is being tested as fire tests gold and purifies it – and my faith is far more precious to You, Lord, than mere gold; so if my faith remains strong after being tried in the test tube of fiery trials, it will bring me much praise and glory and honor on the day of Jesus' return.

In spite of the rejection I have experienced, I declare that everything You say about me in Your Word is true. In Jesus' name, amen.

Scripture References:

Philippians 4:6-7 (Message, TLB); Psalm 34:14 Amp; Isaiah 26:3 Amp; Colossians 3:15 Amp; Proverbs 16:7 Amp; John 14:27 Amp