

PRAYER FOR PEACEFUL REST

Dear Lord Jesus, as I rest in the comfort of Your love, I ask to experience Your gentle embrace as You tenderly wrap Your loving arms around me. Thank You that I can come to You when I labor and am heavy laden, and You will give me rest (*Matthew 11:28*). You said You would give me peace at all times and in every way. You are with me (*2 Thessalonians 3:16*). I trust Your compassionate care will bring peace to my mind, serenity to my heart and renewal to my spirit.

Your Word says I will lie down in peace and sleep, for You, Lord, keep me safe (*Psalms 4:8*). Thank You, Lord, for giving me sweet sleep (*Proverbs 3:24*). Thank You for Your loving embrace and for granting me a peaceful night's rest. You purify my dreams, cleanse my subconscious mind, and wash my thoughts with the purity of Your infinite love. Please minister to my heart, mind, body, soul and spirit as I rest in Your compassionate care tonight.

Please send forth Your protective angels to stand guard over me as I sleep. May Your angelic army destroy all curses, hindrances and demonic influences that have been sent against my ability to experience a peaceful night's rest. May Your heavenly hosts protect me as I stay awake and watch over me as I sleep, that awake I may keep watch with Christ, and asleep, rest in His peace. In Jesus' name I pray, Amen.

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