

Repentance Prayer for Negative Words/Confessions

Father, I come boldly before Your throne of grace that I may obtain mercy and grace, and asking for Your forgiveness for the sins of my mouth. Father, Your Word says that we must give an account of every idle word that we have spoken from our mouth. I ask, therefore, that You would forgive me for my lies, backbiting, gossiping, and murmuring, and complaining. Father, forgive me for every idle word that I've spoken against my pastor, my church, family, relatives, friends, co-workers, associates, others around me now, and others I've known in my past. I also ask for Your forgiveness for every negative confession, and for every word that I've spoken of doubt, fear and unbelief regarding Your Word and Your ability to manifest Your Word in my life.

Your Word says that if I would confess my sins, that You are faithful and just to forgive me of my sins, and the blood of Jesus Christ shall cleanse me from all of my unrighteousness. So Father, I confess the sins of my mouth. I repent of them now, and I ask that You would cleanse me with the blood of our Lord and Savior, Jesus Christ. I not only ask that You cleanse me from the judgment of answering to You for the sins of my mouth and the meditation of my heart would be acceptable in Your sight. Let the words I speak have Your approval. And, I pray that You even let the thoughts I receive and conceive in my heart be approved by Your Spirit.

I thank You for Your mercy and grace according to Your Word to forgive me of the sins of my heart and of my mouth. I thank You that as I have repented of my sins, that Satan cannot, and shall no longer be able to hinder my prayers or cut off my blessings in any way. I thank You for not only cleansing my heart of sinful things I've said and spoken, I also thank You for keeping my heart. For Your Word says that You are able to keep us from falling. So Father, by the power of Your Spirit, I pray that You would set the Watchman of the Holy Ghost over my mouth, and keep the doors of my lips.

May Your Spirit judge what is in my heart and my mind before I say it from my mouth. And, that which is wrong, evil, and contrary to Your ways, Your Word or Your Spirit, help me to bridle or hold my tongue, and hold it back from coming forth from my mouth. Father, may You also cause the spirit of these negative confessions and words to be uprooted, plucked out of my heart, and released from my mind and my heart, by the authority of the name of Jesus Christ, and the power of the Holy Ghost.

Now Father, I look unto You from which comes my help to speak the right things – for my help comes only from You. And I speak Your Word that You are able to keep me from the sins of my heart and the sins of my mouth, allowing my words, as well as my life, to be pleasing and acceptable in Your sight. In the name of Jesus Christ, I pray, AMEN!