

WHOLE FAMILY MATTERS
Frequently Asked Questions (FAQ)
World Overcomers Church
Saturday, August 29, 2026
9:30 AM – 3:00 PM

ABOUT THE EVENT

What is Whole Family Matters?

Whole Family Matters is a FREE Family Health, Wellness & Education Experience designed to strengthen families through health education, wellness experiences, community resources, youth engagement, and family fun.

The event reflects the vision of World Overcomers Church to: Love God. Embrace Others. Touch Destiny.

Is Whole Family Matters a conference?

No.

Whole Family Matters is not a conference. It is a free health, wellness, and informational experience designed for adults, youth, and families to learn more about their physical, mental, and overall well-being in an engaging, family-friendly environment.

Throughout the day, guests will have opportunities to connect with healthcare professionals and community resources, participate in health screenings and wellness activities, learn practical ways to make healthier choices, and enjoy age-appropriate family activities.

Our goal is for individuals and families to leave feeling more informed, empowered, and equipped to take the next step in their health and wellness journey.

When is the event?

Saturday, August 29, 2026

8:30 AM

Guest Check-In Opens

9:30 AM

Opening Celebration Begins

3:00 PM

Event Concludes

Where is the event?

World Overcomers Church, Family Life Center

Is there a cost?

No.

The event is FREE and open to the public.

Everyone is welcome!

REGISTRATION

Do I have to register before attending?

No.

No advance registration is required for the event.

What happens when I arrive?

Guests will check in at the Welcome Terminal, where each family will complete a Waiver Form before participating in the day's activities.

The waiver will collect:

- Name
- Age
- Contact Information
- Church Membership Affiliation (if applicable)

Once completed, guests will receive their Health Passport and enjoy a complimentary continental breakfast before the opening celebration begins.

FOOD

Will food be available?

Yes!

A complimentary continental breakfast will be available while supplies last.

Food trucks will open at 11:00 AM, offering a variety of lunch options for purchase.

HEALTH PASSPORT

What is the Health Passport?

The Health Passport is an interactive guide that encourages guests to explore wellness experiences, educational demonstrations, and community resources throughout the day.

Guests who complete their passport will be eligible for giveaways during the event.

HEALTH & WELLNESS

Will health screenings be available?

Yes.

Guests will have opportunities to:

- Check their vitals
- Know their numbers
- Receive health education
- Connect with medical professionals
- Learn about preventive care

Do I need to sign up to see the chiropractor or massage therapist?

Yes. Both the chiropractic wellness stop and massage therapy wellness stop will be offered on a first-come, first-served basis.

Guests can sign up for an available time slot the morning of the event.

Each wellness session will be approximately 15 minutes.

Because space is limited, we encourage guests interested in either service to sign up early upon arrival.

Can I sign up for both services?

Yes, as availability allows. Guests may sign up for both the chiropractic and massage therapy wellness stops if time slots are available.

YOUTH EXPERIENCES

What activities will be available for children and youth?

We've intentionally created experiences for youth of all ages.

Activities include:

- Age-appropriate activities
- Game Truck
- Larger-than-Life games
- Coloring stations
- Grooming & hygiene conversations
- Youth mental wellness discussions
- Confidence-building experiences
- School essentials (while supplies last)
- Everyday hygiene necessities (while supplies last)

Will free haircuts and hairstyles be available?

Yes.

Our Fresh Start Studio will offer complimentary haircuts and quick hairstyles for youth.

I would like for my child to receive a free haircut or hairstyle. How can I sign up?

This generous complimentary service is available on a first-come, first-served basis. There is no advance sign-up. Your child must attend Whole Family Matters, and a parent or guardian may sign the child up for an available service time slot after arriving at the event.

Because availability is limited and based on the number of barbers and hairstylists serving that day, we encourage families interested in this service to arrive early. Attendance does not guarantee a haircut or hairstyle.

What barber services will be offered?

Barbers will provide:

- Haircuts
- Line-ups
- Edge-ups

What hairstyles will be offered?

Hairstylists will provide simple styles that can generally be completed within approximately 15–30 minutes, including:

- Flat twists
- Two-strand twists
- Wet comb twists
- Coil twists
- Press & Go
- Press & Trim
- Pin-up styles
- Natural styling

Please note: No added hair, shampooing, coloring, chemical services, loc services, or weave installations will be provided. Guests should arrive with clean, dry hair ready for service.

If I arrive early, does that guarantee my child will receive a service?

No. Services are first-come, first-served and dependent upon available time slots, barbers, and hairstylists. Arriving early may increase the chance of securing a time slot, but service cannot be guaranteed.

LOCAL FARMERS

Will fresh fruits and vegetables be available for purchase?

Yes.

We're excited to welcome local farmers who will offer fresh fruits and vegetables while sharing the importance of healthy eating and supporting local agriculture.

LIVE DEMONSTRATIONS

What demonstrations will take place?

Guests will enjoy live demonstrations throughout the day, including:

- Healthy meal preparation
- Portion control
- Fitness and healthy lifestyle education

COMMUNITY RESOURCES

What organizations will be participating?

Guests will have opportunities to connect with:

- Medical professionals
- Community organizations
- Family resource providers
- Educational organizations
- Local farmers
- Wellness partners
- Church ministries

GIVEAWAYS

How do I qualify for giveaways?

Guests should complete their Health Passport Journey and follow the instructions provided throughout the event.

Giveaways will be presented throughout the day.

VOLUNTEERS

Can I volunteer?

Absolutely!

We're always looking for volunteers to help create an unforgettable experience for our guests.

Please contact the Outreach Ministry at outreach@woomc.org or connect with WOOMC Special Events Manager, Minister Mona McGowan-Brown at mmcgowan@woomc.org.

GIVING

How can I support Whole Family Matters?

If you'd like to support this outreach ministry, you may plant a seed by giving online and selecting "Outreach" from the giving dropdown menu.

Your generosity helps us continue serving families throughout our community.

WHY ARE WE HOSTING THIS EVENT?

Because we believe...

Healthy Families Build Stronger Communities.

Whole Family Matters is one way World Overcomers Church demonstrates God's love by providing practical resources, meaningful relationships, and opportunities that help families thrive.

WHAT MAKES WHOLE FAMILY MATTERS DIFFERENT?

Whole Family Matters is more than a one-day community event. It is a ministry experience intentionally designed to strengthen the whole family—physically, mentally, emotionally, spiritually, and educationally.

Every experience has been thoughtfully created to help families grow healthier, connect with valuable resources, build stronger relationships, and leave empowered to take the next step toward healthier living.

Whether a guest comes to learn their health numbers, connect with a medical professional, receive a fresh haircut or hairstyle, learn healthier eating habits, receive

school essentials, enjoy family activities, or connect with community resources, our prayer is that every person leaves knowing they matter.

Our hope is that every guest leaves feeling welcomed, cared for, informed, encouraged, and empowered—and that they experience the love of Christ through the way we serve.

OUR COMMITMENT

As representatives of World Overcomers Church, our goal is to ensure every guest feels:

- ***Welcomed***
- ***Seen***
- ***Encouraged***
- ***Supported***
- ***Empowered***

Every interaction is an opportunity to reflect the love of Christ and our church's vision to Love God, Embrace Others, and Touch Destiny.